

# THE HOLY EUCHARIST

in Ordinary Time



## THE GATHERING and GREETING

### WELCOME

In the name of the Father and of the Son and of the Holy Spirit  
**Amen**

May the light and peace of Jesus Christ our Lord be with you.  
**The Lord bless you.**

### PREPARATION

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## PRAYER OF PENITENCE

*We are invited to confess our sins*

**Most merciful God**

**Father of our Lord Jesus Christ,**

**we confess that we have sinned in thought, word and deed.**

**We have not loved you with our whole heart.**

**We have not loved our neighbours as ourselves.**

**In your mercy forgive what we have been,**

**help us to amend what we are,**

**and direct what we shall be;**

**that we may do justly, love mercy,**

**and walk humbly with you, our God.**

**Amen.**

## ABSOLUTION

Almighty God,

who forgives all who truly repent,

have mercy upon you,

pardon and deliver you from all your sins,

confirm and strengthen you in all goodness,

and keep you in life eternal;

through Jesus Christ our Lord.

**Amen**

## THE GLORIA

*We pray the* **COLLECT**

# THE LITURGY OF THE WORD

## OLD TESTAMENT LESSON

*Following the reading, the reader says:*

This is the word of the Lord:

**Thanks be to God.**

**THE PSALM** *is sung by the choir*

## NEW TESTAMENT LESSON

*Following the reading, the reader says:*

This is the word of the Lord:

**Thanks be to God.**

## GOSPEL READING

*The reading of the Gospel is introduced as follows:*

Hear the Gospel of our Lord Jesus Christ according to ...

**Glory to you, O Lord.**

*Following the reading of the Gospel the reader says:*

This is the Gospel of the Lord:

**Praise to you, O Christ.**

## SERMON

## THE NICENE CREED

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,**

**WAS INCARNATE FROM THE HOLY SPIRIT AND  
THE VIRGIN MARY AND WAS MADE MAN.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;**

**he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **PRAYERS OF INTERCESSION**

*The reader ends the prayers of intercession as follows:*

Merciful Father, **accept these prayers for the sake of your  
Son, our Saviour Jesus Christ. Amen**

## **LITURGY OF THE SACRAMENT**

### **THE PEACE**

Blessed are the peacemakers:  
they shall be called children of God.  
We meet in the name of Christ and share his peace.  
The Peace of the Lord be always with you.  
**And also with you.**

### **PREPARATION OF THE ALTAR TAKING OF THE BREAD AND WINE**

Blessed be God,  
by whose grace creation is renewed,  
by whose love heaven is opened  
by whose mercy we offer our sacrifice of praise.  
**Blessed be God for ever**

***EITHER use this Eucharistic Prayer OR turn to page 8***

## **EUCCHARISTIC PRAYER 1**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.  
From the beginning you have created all things  
and all your works echo the silent music of your praise.  
In the fullness of time you made us in your image,  
the crown of all creation.  
You give us breath and speech, that with angels and archangels  
and all the powers of heaven  
we may find a voice to speak your praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.  
As a mother tenderly gathers her children,  
you embraced a people as your own.  
When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,  
to be the living bread,  
in whom all our hungers are satisfied.  
He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you  
these gifts of your creation;  
may they be for us the body and blood of your dear Son.  
As we eat and drink these holy things in your presence,  
form us in the likeness of Christ,  
and build us into a living temple to your glory.

Bring us at the last with [*N and*] all the saints  
to the vision of that eternal splendour  
for which you have created us;  
through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

***The Service continues with the LORD'S PRAYER - go to  
page 11***

## **EUCHARISTIC PRAYER 2**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

You are worthy of our thanks and praise,  
Lord God of truth,  
for by the breath of your mouth  
you have spoken your word,  
and all things have come into being.  
You fashioned us in your image  
and placed us in the garden of your delight.



Though we chose the path of rebellion  
you would not abandon your own.  
Again and again you drew us into your covenant of grace.  
You gave your people the law and taught us by your prophets  
to look for your reign of justice, mercy and peace.  
As we watch for the signs of your kingdom on earth,  
we echo the song of the angels in heaven,  
evermore praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

Lord God, you are the most holy one,  
enthroned in splendour and light,  
yet in the coming of your Son Jesus Christ  
you reveal the power of your love  
made perfect in our human weakness.

Embracing our humanity,  
Jesus showed us the way of salvation;  
loving us to the end,  
he gave himself to death for us;  
dying for his own,  
he set us free from the bonds of sin,  
that we might rise and reign with him in glory.

On the night he gave up himself for us all  
he took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the death that he suffered on the cross,  
we celebrate his resurrection, his bursting from the tomb,  
we rejoice that he reigns at your right hand on high  
and we long for his coming in glory.

As we recall the one, perfect sacrifice of our redemption,  
Father, by your Holy Spirit let these gifts of your creation  
be to us the body and blood of our Lord Jesus Christ;  
form us into the likeness of Christ  
and make us a perfect offering in your sight.

Look with favour on your people  
and in your mercy hear the cry of our hearts.  
Bless the earth,  
heal the sick,  
let the oppressed go free  
and fill your Church with power from on high.

Gather your people from the ends of the earth  
to feast with [*N and*] all your saints  
at the table in your kingdom,  
where the new creation is brought to perfection  
in Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## THE LORD'S PRAYER

As our Saviour taught us so we pray.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## THE BREAKING OF BREAD

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## THE GIVING OF HOLY COMMUNION

Jesus is the lamb of God  
Who takes away the sin of the world  
Blessed are we who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

## ANTHEM

### THE POST COMMUNION PRAYER

*We read the prayer on the Sunday reading sheet or we say*

**Father of all,  
you gathered us here  
around the table of your Son;  
we have shared this meal with the saints  
and the whole fellowship of the household of God.  
In that new world  
where the fullness of your peace will be revealed,  
gather people of every race, language and way of life  
to share in the one eternal banquet of Jesus Christ the Lord.  
Amen**

### THE BLESSING AND DISMISSAL

*The priest gives the blessing ...*

**Amen**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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